

Name: _____ Date: _____

Allergies: _____ Nature of Reaction _____

Medical Problems: _____

Previous Surgery: _____

Current Medications /Supplements: _____

Previous Hospitalizations: _____

Significant Injuries, ER care, Transfusions, Childhood diseases, Dental issues: _____

Year of last Tetanus Vaccine: _____

Other Vaccinations needed: _____

Last Flu/pneumonia vaccine: _____

Last Physical Exam: _____

Last gynecologic Care (females): _____

Last ECG/Heart testing: _____

Last Mammogram: _____

Last Colonoscopy: _____

Last PSA (males): _____

Last eye exam: _____

Any Transfusions received: _____

Family History :-----Please list their age or birth year, status (alive or deceased),and any major health problems-----

Father: _____

Mother: _____

Siblings: _____

Children: _____

Paternal Grandfather: _____

Paternal Grandmother: _____

Maternal Grandfather: _____

Maternal Grandmother: _____

Grandchildren (if applicable): _____

Spouse (if applicable): _____

Other relatives with significant Health Issues: _____

Lifestyle Issues: Include years used, year discontinued, and specific daily use if indicated.

Smoking/Tobacco use: _____

Caffeine Use: _____

Alcohol Use: _____

Recreational Drug Use: _____

Exercise Routine: _____